Older adults’ experiences of loneliness over the lifecourse: an exploratory study using the BBC loneliness experiment

The dataset contains the following items:

|  |  |
| --- | --- |
| ID |  |
| Age\_Categories | 65-74; 75 and over |
| Gender |  |
| Marital\_Status | Full categories |
| Marital\_Stat3 | 0=Married/Cohabiting/Partnership 1 Single (never married); 2 Divorced or seperated; 3=Widowed |
| UCLA3\_gp | UCLA 3 Loneliness Scale groups  (0=less lonely; 1=more lonely) |
| UCLA3\_tot | UCLA 3 Loneliness Scale total (3 to 9) |
| * UCLA\_Isolated\_Often | How often do you feel isolated from others’? 1 (Never) to 5 (very often) |
| * UCLA\_Leftout\_Often | How often do you feel left out? |
| * UCLA\_Comp\_Often | How often do you feel you lack companionship? (1 (Never) to 5 (very often)) |
| UCLA\_Single\_Frequency | how often do you feel lonely?  1 (Never) to 5 (very often) |
| Other\_Times | Have you experienced loneliness in other phases of your life? |
| * When\_Young | 0=No; 1=Yes |
| * When\_Young\_Adult | 0=No; 1=Yes |
| * When\_Adult | 0=No; 1=Yes |
| * When\_Mid\_Life | 0=No; 1=Yes |
| * When\_Older\_Adult | 0=No; 1=Yes |
| Other\_times\_count |  |
| Times\_Alone | How much time do you spend alone?  seldom; often; always |
| Income | How well do you feel your needs are met by the financial resources you have?  1=Poorly; 2=fairly well; 3=very well |
| Health\_Self\_Rating | Would you say that, in general, your health is:  1=poor; 2=fair; 3=good; 4=very good; 5=excellent |
| SRH\_gp | 1=Excellent; 2=good; 3 fair/poor |
| Carer | Are you a carer? (1=No; 2=Yes) |
| Parent | Are you a parent? (1=No; 2=Yes) |
| Social\_Capital | Scores range from 1 to 5, where higher scores indicates greater neighbourhood trust |